

IMPORTANT RACE INFORMATION

- Race start is along George Fisher Access Road (near camp car park)
- Water stops will be provided at approximately 5, 10, 15 and 18km marks. Participants are encouraged to carry own water, which they can fill at water stops if required. Water stop number and name your own personal drink containers and snacks if you want them at drink stops.
- Race Bibs are compulsory and shirts/tops of some type must be worn by ALL participants.
- Half marathon walkers MUST equip themselves with lights and/or reflective items for safety reasons. First hour of walk will be in darkness.
- Participants must run on right hand side of road (facing oncoming traffic), cross at designated areas and give way to traffic at all time.
- Ipods, MP3 players or other electronic devices involving headphones are forbidden for safety reasons.
- Coach will leave Kruttschnitt oval at 6am sharp to transport competitors to George Fisher race start.

I CERTIFY THAT I AM 18 YEARS OR OLDER AND I HAVE READ THIS DOCUMENT AND FULLY UNDERSTAND IT.

PARTICIPANTS AGREEMENT

WARNING: This is a legal document that affects your rights.

1. I acknowledge that competitive running involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, course or weather conditions and other causes.
2. I understand that I should not compete in this event unless I have trained appropriately and my physical condition has been verified by a medical practitioner.
3. By competing, I accept all risks necessarily flowing from my participation which could result in loss of life or permanent injury. Accordingly, I release all persons or corporations associated directly or indirectly with the conduct of the event from all claims demands and proceedings arising out of my participation and I hereby indemnify them against all liability (including liability for their negligence and the negligence of others) for all injury, loss or damage arising out of or connected with my participation in this event. This release shall extend to and include ASA Sports, Triathlon Australia Inc., Triathlon Queensland Inc., and their respective directors, partners, managers, officers, agents, contractors, employees and volunteers including medical and paramedical personnel appointed for the event, the owners, licensees and occupiers of land upon which the event or any part of it is conducted, any statutory body or local authority having control over any land upon which the event or any part of it is conducted or which is involved directly or indirectly with the event in any manner whatsoever and promoters, sponsors and event organisers. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns.
4. I consent to receiving any medical treatment including ambulance transportation that the event organisers think desirable during or after the event.
5. I consent to even organisers using my name, image and likeness before, during or after the event for event promotional broadcasting or reporting purposes in any media.
6. I understand that compulsory insurance cover affected for participants in this event may not cover me for any or all injury, loss or damage sustained by me.
7. Safety precautions undertaken by organisers (such as course supervision, race safety briefings) are a service to me and other competitors but are not a guarantee of safety.
8. I am fully responsible for the security of my personal possessions at the event.
9. My registration is not transferable to other people. If I am unable to compete, or if the event is cancelled by way of circumstances beyond the control of the event directors, my registration is non-refundable.
10. I have listed below my medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed.
I accept the risk of competing, despite these conditions. Medical conditions:
11. I agree to abide by all race rules and directions issued by Triathlon Australia and the event organiser.
12. Event organisers may change the event format, course or other race conditions at their discretion. If that occurs, this agreement applies to the changed conditions.

As a parent or guardian of the competitor: *I agree to the above for myself and on behalf of my child. *I indemnify and will keep indemnified all people and corporations associated with the conduct of the event on the terms referred to.

www.mine2mine.org.au

For more info: phone Tracy 0427272434

Or email isarats@gmail.com

INDIVIDUAL COMPETITOR NOMINATION FORM



MINE 2 MINE

Sunday 24th July 2011

XSTRATA HALF MARATHON (21.1km) – Individuals

7:30am GEORGE FISHER MINE TO KRUTTSCHNITT OVAL

Prize money for first male and female : 1st \$500, 2nd \$250, 3rd \$150

Win an extra \$500 for setting a new course record!!!!

SPORTPOWER WALK CHALLENGE (21.1km) – Individuals only

6:00 am GEORGE FISHER MINE TO KRUTTSCHNITT OVAL

Random prize draw. Lights and/or reflective gear MUST be worn by ALL walkers as race start will be in darkness

SMH EQUIPMENT 6KM FUN RUN/WALK

8:30am KRUTTSCHNITT OVAL

Race kit for everyone. Great Product Prizes!!!

ISA RATS MINI MARATHON

10am KRUTTSCHNITT OVAL

MINI MICE - ½ lap around Kruttschnitt Oval for kids 5 years & under

MIGHTY MICE - 1 lap around Kruttschnitt Oval for kids 6-10 years

Everyone gets a race kit and race bib!! Prizes for best dressed mice!!



NOMINATIONS CLOSE SATURDAY 23rd JULY AT 1.30PM. NO EXCEPTIONS

MINI MARATHON NOMINATIONS AVAILABLE ON THE DAY
ALTHOUGH PRE-NOMINATION IS ENCOURAGED

**TO SECURE CORRECT SHIRT SIZE
NOMINATE PRIOR TO 10TH JULY**
(AFTER THIS DATE SHIRTS ARE NOT GUARANTEED)

Register at lead up ISA RATS fun runs, Sportspower (*must* have correct money) or mail form with cheque/money order to
ISA RATS PO Box 133 Mount Isa Qld 4825

***IMPORTANT: Pick up your race bib and race pack at
Sportspower Saturday 23rd July 10am-1.30pm.
NO RACE BIB, NO RACING***

PERSONAL DETAILS

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE NUMBER: _____

DATE OF BIRTH: _____ AGE ON RACE DAY: _____

SIGNATURE: _____

(PARENT OR GUARDIAN IF UNDER 18)

RACE FEES - includes day licence (TICK ONE)

XSTRATA MINE2MINE HALF MARATHON - \$50

SPORTSPOWER WALK CHALLENGE - \$50

SMH EQUIPMENT FUN RUN - \$10

MINI MARATHON - \$2

EVENT DETAILS (FILL APPROPRIATE SECTION)

XSTRATA MINE2MINE HALF MARATHON

OPEN MEN

OPEN WOMEN

VETERAN 40+ MEN

VETERAN 40+ WOMEN

SHIRT SIZE (CIRCLE) MENS S M L XL XXL
WOMENS 8 10 12 14 16

Previous ½ marathons completed: _____

Best time: _____

Reasons for entering this race and interesting info

SPORTSPOWER WALK CHALLENGE

OPEN MEN

OPEN WOMEN

SHIRT SIZE (CIRCLE) MENS S M L XL XXL
WOMENS 8 10 12 14 16

SMH EQUIPMENT FUN RUN

OPEN MEN

OPEN WOMEN

PRIMARY BOY
(12 YEARS & UNDER)

PRIMARY GIRL
(12 YEARS & UNDER)

SECONDARY BOY
(13 TO 16 YEARS)

SECONDARY GIRL
(13 TO 16 YEARS)

MINI MARATHON

MINI MOUSE BOY
(5 YEARS & UNDER)

MINI MOUSE GIRL
(5 YEARS & UNDER)

MIGHTY MOUSE BOY
(6-10 YEARS)

MIGHTY MOUSE GIRL
(6-10 YEARS)

PRIZES FOR THE BEST DRESSED MICE!!!!!!